

TRAUMA-INFORMED CLASSROOM SPACES

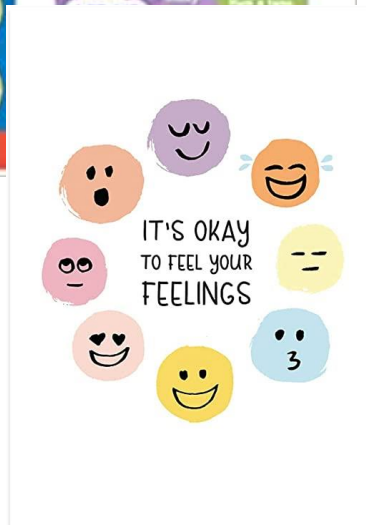
Below are suggested products that can help with making your space trauma-informed (click on the image for a link). We know that schools do not always provide the resources to make these available for you, and we know there may be alternatives for you! We just want to make suggestions available for our friends who do not know where to start! Note that some of the links may be affiliate links, which doesn't cost you any more for the purchase but allows us to continue in the work of helping make the world a more compassionate place.



Click the images for links to these adorable poster sets!



Posters can have multiple functions: soothing in terms of color and aesthetic and helpful to remind students of important trauma-informed care practices.



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Live plants help with improving air quality, mood, and self-esteem!



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Mix in some artificial plants with your real ones to create a peaceful classroom space without as much responsibility.



Noise-cancelling headphones can help reduce the noise and feelings of overwhelm. Ones that also play music help with students who need noise to focus.



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These tools will help
your students!
Fidget toys, squish
balls, and good
brain break toys!



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